

**ONLINE**

**PRENATAL SCIENCES  
PARTNERSHIP  
GLOBAL CONGRESS**

**6-9 OCTOBER 2022**

**TITLE:**

**PRENATAL SCIENCES,  
THE HUMAN-EARTH CONNECTION  
& LIFE SUSTAINABILITY**

<https://www.prenatalsciencespartnership.org>

CO-HOSTED by

The Association for Prenatal and Perinatal Psychology and Health | **APPPAH**



International Society for  
Prenatal & Perinatal  
Psychology & Medicine  
ISPPM e.V.



&

Prenatal Sciences Partnership

Leading the Way

We live in different countries. We speak different languages (although most of us also speak English). We come from different academic/ professional/ religious or cultural backgrounds. Our skin color is not the same. BUT our hearts, minds and hands are the same: We honor life on Earth; we believe that our pre/perinatal experiences matter; we wish to see better health for people, peaceful co-existence among all life forms, respect to Nature and responsible decisions that promote civilization.

Do you resonate with us? Join Us! email Us!

The 1st **Prenatal Sciences Partnership Global Congress**, 6-9 Oct 2022, is a momentous interactive online event where researchers, academics, professionals, community workers, educators, health ambassadors, artists, philosophers and community members involved in Prenatal & Perinatal Sciences and studying their impact on the wellbeing of all living entities in the world come together to learn from the latest scientific and clinical advances, services, publications and research findings to Inspire and get inspired for the benefit of all.

Speakers come from the Academic, Research and Professional Communities (e.g. health and research scientists, lecturers, practitioners etc) interested mainly in-but not restricted to- the fields of Prenatal Sciences (Pre/Perinatal Psychology, Embryology, Obstetrics, Biomechanics, Health, Midwifery, Salutogenesis, Ecology, Genetics/Epigenetics, Complexity, Anthropology, Sociology, Ethics, Philosophy...)

The broad interdisciplinary programme features symposia, instructional courses, masterclasses, round tables, book/ audio/ video presentations, art events, prize awards, networking opportunities, exhibitor workshops, poster presentations... Special opportunities for children, adolescents, pregnant couples, parents and the elderly....

The congress will also provide a digital platform for all stakeholders involved in Prenatal sciences and offering services and products that advance health, human relationships, quality of life, prenatal and birth trauma therapy etc...

Educational institutions, systems and service providers, childbirth educators, birth centres, baby clinics, artists, corporations and NGOs also have the opportunity to present their activities to an international audience while learning, sharing, initiating new projects and building partnerships and networks.

Who Are We?

**Prenatal Sciences Partnership was initiated in May 2021, with the overall goal to unite all prenatal psychology/ prenatal sciences organizations/ individuals in one body which will allow co-operation, facilitation and good co-ordination of all work done in the scientific, research, professional and community field, ultimately supporting the wellbeing of people and peace.**

# INVITATION

We would like to invite you to the 1st World Congress in Prenatal Sciences in 2022 which will take place online between 6-9 October 2022.

*We now understand that the period from pregnancy to age 3 is the most critical, when the brain grows faster than at any other time; 80% of a baby's brain is formed by this age. For healthy brain development in these years, children need a safe, secure, and loving environment, with the right nutrition and stimulation from their parents or caregivers. This is a window of opportunity to lay a foundation of health and wellbeing whose benefits last a lifetime – and carry into the next generation.*

*(World Health Organization, 2018, p. 7)*

The congress theme, '**Prenatal Sciences, the Human-Earth Connection, and Life Sustainability**' invites you to share scientific evidence and stories with the wider community from around the world that will help children thrive to live compassionate, creative and fulfilling lives impacting the wellbeing of our humanity and our planet. When human prosocial virtues, such as compassion and kindness, are cultivated from before conception within a connected supportive community, they can evolve as a product of evolution because of the epigenetic intergenerational transmission and create a kinder, more compassionate and peaceful world.

The congress will shine light on the practices of producing a greater sense of our interdependence not only within our organism (cells, organs, systems, mind, body and soul/consciousness), but also on one another, and on every life on the planet and the cosmos, ensuring life's sustainability. When this sense of interdependence and awareness of the unborn baby as a sentient being are nurtured on a grand scale, they inevitably affect the way in which practitioners relate to pregnant mothers and their babies and families, leading to changes for the better in our communities, societies, nations, and the planet, mitigating or breaking cycles of transmission of the adverse consequences of trauma and mental disorders as well as social ills such as criminality, addiction, intergroup hatred and mindlessness about our planet's well-being. The findings and stories presented in this congress further our understanding of how genomics and stress interact and suggest that further investigations of the genomics of stress response can uncover mechanisms that lead to depression and other mental dysfunctions, therefore to societal and ecological problems. These findings show the importance of the history of stressful childhood events of traumas in the response to stressful events, which determines a child's and adult's resilience. When parental wisdom is allowed to unfold thanks to an appropriate environmental provision, compassion and attunement are possible and infants and children can thrive.

At a time when major global challenges are affecting everyone and everything on the planet, we have the chance to make a difference in human evolution by implementing a paradigm shift. Investing in the youth of each country can save many societal problems and reduce the costs of mental dysfunctions, criminality and disrespect for the Earth, because an educated and conscious youth will be continuously open to growth and transformation and create a new generation of enlightened citizens. It has to begin with a comprehensive training for frontline parental and child healthcare delivery staff, which includes the practice of human virtues and integrates science, philosophy and spirituality depth into the inner being in preparation for serving humanity. This will help improve maternal, paternal and neonatal/child outcomes and prevent health issues. We don't need to be in a crisis to take up measures. Human qualities are like seeds: we can sow the seeds of love, kindness and compassion or of anger and fear, and transmit them to children. The future of our Earth and its Mother Nature relies on humans' wisdom caregiving qualities, thus on training the mind and heart and impact next generations through epigenetic effects.

Join Us in this Congress and Cultivate the Seeds of an even better world for all of us!



DAY 1: MAIN FOCUS ON PRENATAL SCIENCES

DAY 2: MAIN FOCUS ON UNDERSTANDING HUMAN-NATURE/ ENVIRONMENT INTERACTION AND SYSTEMS AND THEIR IMPACT

DAY 3: MAIN FOCUS ON UNDERSTANDING LIFE DYNAMICS & HOW SCIENCE CAN HELP CREATE A SUSTAINABLE WORLD

DAY 4: MAIN FOCUS ON FUTURE PERSPECTIVES & ETHICAL CONSIDERATIONS

Abstract submissions OPEN Now.



## IMPORTANT DATES

**15 January 2022:** Pre-congress Program Announcement. Pre-congress Registration Opens

**15 February 2022:** Deadline for submission of interview nominations

**30 March 2022:** Deadline for book/ film/ video/ song submission for prize

**15 April 2022:** Early Bird Registration Opens

**30 April 2022:** Deadline for abstract submission

**30 May 2022:** Deadline for submission of proposals for instructional/ educational courses, masterclasses, workshops/ symposia

**30 May 2022:** Deadline for full paper submission and pptx

**15 June 2022:** Deadline for artistic events submission

**30 June 2022:** Deadline for submission of prize/ award nomination

**30 June 2022:** Deadline for chapter submissions

**1 July 2022:** Regular Registration Opens

**1 July 2022:** Congress Program Announcement

**10 July, 2022:** Acceptance Notification

**15 August, 2022:** Deadline for full paper submission and pptx

**6 October 2022:** Congress starts

*From Separation or Isolation To Unity & Co-operation!*

# Session Formats

**Prenatal Sciences Partnership 1st Global congress'** sessions and thematic sessions formats include:



**8 Plenaries** with 1 keynote speaker on the selected theme giving a presentation of 45-60 min. Each plenary is followed by a panel discussion.



**8 Panel Discussions:** Each speaker gives a brief (15-20 minutes) prepared presentation, usually presenting a different view or experience on the topic, followed by debate between the speakers and questions from the audience facilitated by the chair. Each panel discussion lasts 120 minutes maximum and hosts maximum 4-5 speakers.



**8 paper sessions:** Speakers orally present the findings of a prepared paper or project. Each paper session allows 4-5 presentations of 15-20 minutes each, including time for specific questions/discussion. Each paper session focuses on the theme of the day and presents data from each continent so that the local and the global can manifest.

**4 Debates:** between two or more experts in their fields presenting different aspects of the debate topic with one side presenting the positive case and the other the negative case.

**4 Theme forums/ Symposia:** they include "cut-above" presentations and discussions which are intended to be integrative in nature, i.e., deal with cross-cutting issues relevant to the many specialties of impact assessment, bring together on a particular topic the various aspects of impact assessment and examine how those aspects apply to different sectors and issues, engage with the conference theme, be relevant to our international audience, and be innovative in format. One each day, with 3-4 speakers and 90 minutes. The aim is to allow a deeper understanding of the theme of the congress day.



**8 Special Prenatal Sciences Hubs:** Each of the 6 speakers is assigned a hub set up in the meeting room. Each speaker has 5-10 minutes' presentation time to introduce the specific science and show how it is connected with the theme of the congress, then each speaker has another 15 min session to present the most interesting findings/ knowledge that comes from the specific discipline and present how this knowledge adds value to the issues of this congress. An interdisciplinary/transdisciplinary discussion follows. Attendees will have the opportunity to ask questions to the speakers.



**8 community wisdom Hubs:** A presentation methodology in which 20 slides are shown for 20 seconds each (six minutes and 40 seconds in total). This format allows for concise and fast presentations that come from the community advocates with more than typical discussion time following the presentation. Each session allows different cultures/ ethnicities to present.



**8 Questions and Answers Sessions** for Health Professionals, Researchers, Parents, Educators & Interested Stakeholders. An expert panel receives the question and offers a reliable response. Each Q&A session lasts 100 min.

**4 Film screening sessions** followed by discussion among the film people, prenatal sciences' experts and the community.



**4 Book presentation sessions** presenting new book releases. Each session presents 1 academic book, 1 book for professionals, 1 for parents and the community, 1 for children.

**Poster sessions** and **Exhibitions** as well as **children's hubs**, **Pregnant Couples Hubs** and **Elderly people** stories of wisdom.

Best Paper & Poster Prizes for

*Advancing Prenatal  
Sciences*

Clinical Therapy

*Advancing Healthy Prenatal & Birth  
Experience for Babies & Families*

**Advancing Respectful Clinical  
Practices to Minimize PTSD &  
Birth Trauma Impact**

**Childbirth Advocacy**

Advancing Prenatal Sciences Education

Advancing Society, Peace and Ecological co-existence

# Prizes and Awards

PRENATAL SCIENCES PIONEER  
AWARD

Researcher of the Year

Young Birth Ambassador

Awards of Excellence

ALSO: Book of the Year  
Children's book of the year  
Film of the Year  
Artist of the Year



# Prenatal Psychology Matters!

Prenatal and perinatal psychology and medicine is a relatively new interdisciplinary scientific field within medical and psychological research, the practice of which attempts to integrate different disciplines dealing with the basic questions of life and its challenges.

Emphasis is placed on the interdisciplinary character, which enables different scientific specialties such as medicine, psychology, psychoanalysis, anthropology, human ethology, sociology, philosophy and others to meet. And, in a respectful dialogue, a common language can be found through the process of a mutually creative interaction or cross fertilization.

Prenatal and perinatal psychology and medicine can also serve as a psychosomatic model stressing the indivisibility of psychological and physical processes in the continuum of human life from its very beginning and, also, the indivisible development of all functions of the central nervous system and the immunological and neuro-endocrinological processes.

One of the important aims of this scientific field is the publication of different methodologies, both from experimentally oriented methods and studies and, also, from more introspective methods. This new attitude is an invitation for us to look for and find a common language. And, through a common language, it invites us to diminish semantic misunderstandings. It, also, enables us to define a scientific theory applicable to this new interdisciplinary and integrative approach. Integration linguistically means, among other things, assimilation, fusion, incorporation, combination, unification and harmony. The latter, harmony, should be stressed in particular -harmony and cooperation between different integrated approaches and views, methods and methodologies, theories, ideologies and practices, rather than confrontation and disagreement.

## REMEMBER:

- Our Prenatal/ perinatal experience stays in us and dictates our health, our relationship with the self/ others and the world.
- We all share the same experience.
- The personal experience becomes collective and has an impact on all.
- By releasing the primal trauma, we get out of the trauma loop and recover the light we encapsulate, thus
- We participate in a procedure that reverts global phenomena to a new peaceful homeostasis based on mutual honor and respect for all.

We are on the verge of change. Life as we know it has come to an end. What is the next day?

Are we to step into a new dawn of life based on the existing wisdom or are we to perpetuate the fear-based darkness of disrespect & power games that lead to a new fall?

I CARE,  
I BECOME A BEACON OF LIGHT  
IN A CHANGING WORLD!  
YOU, TOO, ARE INVALUABLE!



The background of the page features a dark, warm-toned image. On the left side, a sparkler is lit, with bright sparks radiating outwards. The rest of the background is filled with soft, out-of-focus bokeh lights in shades of yellow and orange, creating a festive and celebratory atmosphere.

# Registration

Regular Registration: 190 euros

Early bird: 150 euros

Last minute registration: 230 euros

Group registration (for groups of at least 10 members):

discount of 25%

Student fee: 90 euros

Developing countries: free

Sponsors: for sponsor teams of up to 5 members  
the sponsor pays one regular registration ticket.

Sponsorship plans from 50 euros/ year

Exhibitors: for exhibitor teams of up to 5 members  
the exhibitor pays one regular registration ticket.

Ask for your exhibitor's space now.

Email us: [info@cosmoanelixis.gr](mailto:info@cosmoanelixis.gr)

Grants offered to participants according to  
the announcement of the institutions offering them

For information, local events and pre-congress activities, exhibition and sponsor quotes, please CONTACT YOUR COUNTRY co-ORGANISER or email us: [ppgcongress@gmail.com](mailto:ppgcongress@gmail.com) or [info@cosmoanelixis.gr](mailto:info@cosmoanelixis.gr)