



## The Days & Works of ...

For centuries, the personality and life story of an author – scientist, educator, clinician... - has been kept out of their work or professional life, almost as a disturbing factor. Yet, life storytelling has been the main way of transmission of knowledge and wisdom to subsequent generation for millennia. Quantum Physics teaches us that the mind of the observer changes what is observed. Extending this concept to the realm of human experience, the act of observing something inwardly – emotions, thoughts, attitudes – just seeing it changes it. The inward sense of an observer is inextricably connected with what he/she is looking at. This so-called Quantum Potential is an underlying field of consciousness, a coherent transforming whole that connects US ALL.

This is why life stories are important and an incredible source of inspiration for what we create. And this is why I thought that there was a need for the Days and Works of...Project, a resourceful legacy to leave to our next generations.

We often talk about life as a journey. The word itself comes from the old French 'journée', which is in turn, from the Latin diurnal, meaning 'daily'. The wisdom intrinsic in this etymology is that the journey of life is renewed every day, transforming and inspiring our creative work. Why not to honour and celebrate this journey? Why to keep it hidden from our professional life?

In Buddhist tradition, every day is like a lifetime; we should celebrate every sunrise and every sunset, everything happening in our life, see its meanings and know it deeply. I believe that when we take life as a journey, it gives us the opportunity to ask some fundamental questions about what is going on, about the human condition, which will further inspire our work and next generations. Life itself becomes our Muse. This is what this project aims to reflect. This journey of life creates a platform to share life stories. Why? Because this shared experience creates *Connections*, which have sustained our community life for 99% of our human history. Sadly, this has been lost.

We know from science and ancient wisdom that connection is a biological necessity, thus a core component of our wellbeing, from the very first moments of conception. There is no 'me' without 'you' or 'us'. There is no embryo without an egg and a sperm and a process of cell division; without parents. Even an embryo has already a story written in his/her cell memory to tell. We reach out meaningful connections, thriving when that need is met and withering when it is not.

The Days and Works of... Project is a celebration of shared stories, connections, and bonds with our human condition.

I feel proud and honoured that my proposed idea has developed further thank to the proactive cooperation of the Prenatal Sciences Partnership.

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